

Join Craven County 4-H for "4-H Summer Fun"

**Summer
2014**

Craven County 4-H
300 Industrial Drive
New Bern, NC 28562
252-633-1477

Summer Workshops

At a Glance:

Hunter Safety Education

Surf's Up!

Kumi Jewelry

Cloverbud Camp

TechXcite

Wire Wrapping

Cool Springs

4-H Summer Camp @ Eastern
Center

Kids in the Kitchen

Let's Get Physical!

Introduction to Horses

A Day at the Farm

Lions Water Adventure

End Of Summer Cookout

JOIN | THE REVOLUTION 
OF RESPONSIBILITY
North Carolina

This summer Craven County 4-H will be offering a wide variety of activities to keep children learning by doing while on summer break! All classes will meet at the Craven County Agriculture Building unless otherwise noted.

Please note that most of our classes require that each child/parent bring their own lunch. Please make sure that you take note of these dates so that your child will have lunch on these days.

Each child will have to prepay and turn in forms for workshops in order to reserve their spot. We must have at least five participants in order to have the workshop. If we do not have enough participants we will call you the day prior to the workshop to let you know it has been cancelled.

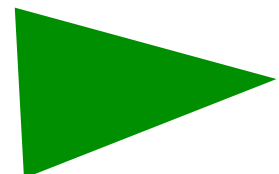
Volunteers!

We are always looking for volunteers to help with the 4-H program. You do not have to be a club leader to be a 4-H volunteer. If you are interested in helping with any of the programs or want to know how to get involved please contact the 4-H Office

Wendy G. Paschal

Extension Agent

4-H Youth Development





Hunter Safety Education – June 16th- 18th

9:00am – 1:00pm

Ages: 12-18

Class Limit: 20

Cost: \$5

This three-day workshop includes information about hunter responsibility, wildlife conservation, firearms, wildlife identification, survival and first aid, specialty hunting and tree stand safety. The second day will be a trip to the local Shooting Range for a live-fire demonstration. All first-time hunting license buyers must successfully complete a hunter education course before they can hunt in North Carolina or purchase a hunting license. Attendance is required each day to obtain certification. **Please bring your bag lunch.** Beverages will be provided.

Surf's Up! – June 25th

7:30am – 2:30pm

Ages: 10 and up

Class Limit: 6

Cost: \$45

Learn to catch some waves in the North Carolina surf with the Aquarium's surfboards and expert instructions. Wear comfortable bathing suit attire (no bikinis or must wear a shirt) and bring a towel and sunscreen! We will provide water but please bring a bag lunch with you.

Kumi Jewelry Making – June 27th

9:30am – 2:00pm

Ages: 9-12

Class Limit: 10

Cost: \$5

Want to learn a historic form of Japanese braiding? Kumihimo is Japanese for “gathered threads”. Cords and ribbons are made by interlacing strands. We will be learning how to construct our own pieces and everyone will go home with their own project. Bring a bag lunch!

Cloverbud Camp – July 1st – 2nd

9:00am – 2:00pm

Ages: 5-8

Class Limit: 15

Cost: \$25

Join the “Revolution of Responsibility” and learn the basics of being a 4-H member. Participants will learn the 4-H pledge, explore project options and learn how to put together a short presentation about a topic of their choice. They will also be exploring their community helpers and meeting some “famous” people along the way. Lunch is included on both days.

TechXcite – July 8th

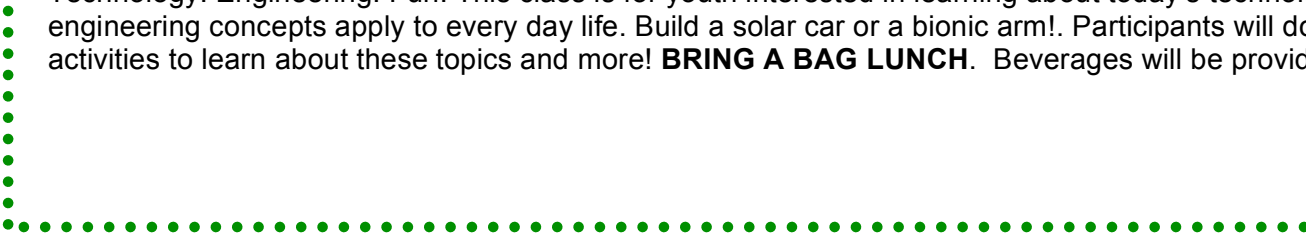
9:00am – 2:00pm

Ages: 10 and up

Class Limit: 20

Cost: \$10

Technology! Engineering! Fun! This class is for youth interested in learning about today’s technology and how engineering concepts apply to every day life. Build a solar car or a bionic arm!. Participants will do hands-on activities to learn about these topics and more! **BRING A BAG LUNCH.** Beverages will be provided.



Wire Wrapping – July 9th

9:30am – 2:00pm

Ages: 12 and up

Limit: 10

Cost: \$10

Wire wrapping is one of the oldest techniques for making jewelry by hand. In wire wrapping, jewelry is made using jewelry wire and findings similar to wire (like head-pins) to make components. Wire components are then connected to one another using mechanical techniques with no soldering or heating of the wire. Join us as we learn this technique and make our own pieces! Bring a bag lunch and your imagination!

Take A Walk on the Wild Side @ Cool Springs – July 18th

9:00am – 12noon

Ages: ALL

Limit: 20

Cost: \$5

Meet us at Cool Springs Environmental Education Center located off of Askins Brick Road in Ernul for a walk on the wild side! We will be exploring the area and learn about forestry, ecology and environmental issues right in our own area. Dress with the weather in mind, making sure to have close-toed shoes that are comfortable for walking. Bring your bug spray and a bag lunch. We will provide a cooler and plenty of water.

Let's Get Physical! – July 23rd

9:00am – 12noon

Ages: 5-12

Limit: 20

Cost: \$5

Let's get physical, physical! Kids have lots of energy, and what's a better way to get that energy out than to learn ways to use it! Class will include activities for burning calories and having fun, along with a segment about the five food groups. After a full morning of play, youth will make a healthy, energizing snack!

Introduction to Horses! – July 28th – 29th

9:00am – 12noon

Ages: 7-13

Limit: 6*

Cost: \$10

Ever wondered how a horse gets a bath? Want to learn the basics about leading and grooming a horse? Get involved with the 4-H Horse Program by taking part in this introductory day camp. Join us as we explore the world of horses at 19:11 Stables located off of NC Hwy 17 S. Meet us at the Craven County Ag Center and we will travel to the stables together on both days. Wear your old, close-toed shoes (no crocs!) and bring bug spray and sunscreen with you.

***We can take more if parents can drive!**

Eastern 4-H Center Camp – July 20th – July 25th

Sunday, July 20th – Friday, July 26th

Ages: 8-14

Cost: \$400

Join us for a week-long adventure at the Eastern 4-H Education Center in Columbia, NC! Throughout the week, campers enjoy daily activities such as swimming, canoeing, horseback riding, rock-wall climbing, archery, arts and crafts, hiking, environmental studies as well as other fun-filled activities. The older groups participate in teambuilding and high ropes elements as well. Evening programs consist of Talent Show, Land/Water Sports, Campfires, Awards Ceremonies, and Dances. Total camp costs include lodging, all meals, transportation, program costs, and camp t-shirt. Spaces are filled on a first-come, first-serve basis. **Only have 2 male spots for 8-11 year olds left as of 05/1/2014.**

Kids in the Kitchen – July 22nd

9:00am – 1:00pm

Ages: 5-12

Limit: 10

Cost: \$5

Have you every wondered if what you're eating is good for you? Have you ever wanted to become your own personal chef? Well then you should join us as we learn all about food in the five food groups that provide us the nutrients to grow big and strong! You will truly understand the phrase, Eat Smart – Move More! After a hard day of learning, you will get the chance to make your own lunch!

A Day at the Kirkman Farm – July 30th or 31st

9:00am – 12noon

Class Limit: 20*

Cost: \$10

July 30th – Ages – 5-8

July 31st – Ages 9 and up

Meet us out on Hwy 55 W in Cove City and explore the learning opportunities available on a farm. Kirkman Farm offers educational information about goats, pigs, horses, llamas and so much more! We will tour the farm by foot and a hayride then end with a bag lunch on the grounds. Please bring your lunch and we will provide the beverage!

Lions Water Adventure – August 1st

12:30pm – 4:00pm

Ages: Class Limit: 6*

Cost: \$10

Join us for a fun afternoon at the water park in nearby Kinston. Take a ride down the lazy river, splash through the lion's mouth or slide down a tube on one of the three waterslides! Wear your bathing suit (no bikini's please) and bring your towel! ***Parents are welcome and we can take more if they are willing to drive!**

END OF SUMMER COOKOUT – AUGUST 8th

All Summer Participants and 4-Hers

5:00pm – 7:00pm

Cost: Free

Place: Craven County Ag Center

JOIN | THE REVOLUTION OF RESPONSIBILITY



Craven County 4-H 2014 Summer Programs

Our programs are available to the public and filled on a first-come, first-serve basis and will operate under the 4-H Code of Conduct. To register: Complete this form as well as the 4-H Medical Information and Informed Consent for Treatment form and return to our office (300 Industrial Drive, New Bern NC 28562) along with your check (made payable to Craven County 4-H) or cash. Your child is not registered until full payment is received. Fees are non-refundable unless a program is cancelled or we receive 24 hours notice. For more information please call Wendy Paschal, 252-633-1477 or send her an email at wendy_paschal@ncsu.edu.

Name (Attendee): _____ Age: _____

Parent/Guardian Name: _____

Mailing Address: _____

City, State & Zip: _____

Contact Telephone: _____

Email Address: _____

Parent/Guardian Signature Required

4-H may take photographs and/or videos of my child for use in 4-H and other NC Cooperative Extension educational, promotional, and/or marketing materials. No individual addresses or telephone numbers will be published within these materials.

I, _____ (parent signature) _____ agree or
do not agree

North Carolina State University and North Carolina A & T State University commit themselves to positive action to secure equal opportunity regardless of race, color, religion, creed, national origin, sex, age, disability, or veteran's status. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A & T University, US Department of Agriculture, and local governments cooperating.

Persons with disabilities and persons with limited English proficiency may request accommodations to participate by contacting Tom Glasgow, County Extension Director at (252) 633-1477 or in person at the County Extension Office at least 14 days prior to the event.

Craven County



X	DATE/TIME	PROGRAM	AGE	FEE
	June 16-18 9:00 - 1:00	Hunter Safety Education	12-18	\$5
	June 25 9:00-12	Surf's Up!	12-18	\$45
	June 27 9:00-12	Kumi Jewelry	9-12	\$5
	July 1 & 2 9:00-2:00	Cloverbud Camp	5-8	\$5
	July 8 9:00-2:00	TechXcite	12-18	\$10
	July 9 9:30 - 1:00	Wire Wrapping	12-18	\$10
	July 18 9am-12noon	Take a Walk on the Wild Side @ Cool Springs Environmental Education Center	5 & up	\$5
	July 20-July 25	Eastern 4-H Camp (week-long camp in Columbia, NC)	8-14	\$400
	July 22 9:00 - 1:00	Kids in the Kitchen	5-12	\$5
	July 23 9:00 - 12noon	Let's Get Physical	5-12	\$5
	July 28-29 9:00 - 12noon	Introduction to Horses	7-13	\$10
	July 30 or 31st	A Day at Kirkman Farm	5 & up	\$10
	August 1st 12:30 - 4:00	Lions Water Adventure	10-18	\$10
	August 8 5:00-7:00	End of Summer Cookout	ALL	FREE

TOTAL FEES

FOR OFFICE USE ONLY:

DATE REC'D_____ **AMOUNT**_____ **CASH**_____ **CHECK**_____ **MED. FORM**_____

4-H MEDICAL INFORMATION AND INFORMED CONSENT FOR TREATMENT FOR NC 4-H SPONSORED EVENTS



THIS FORM IS REQUIRED FOR PARTICIPATION
(Parent/Guardian's signature on back must be notarized)
Free notary available at the Craven County Ag Building. Please call first.

4-H'ers Name _____

PLEASE READ AND COMPLETE THE FOLLOWING FORM. THIS FORM MUST BE PRESENTED AT THE OFFICIAL REGISTRATION FOR THE 4-H SPONSORED EVENT BEING ATTENDED.

I. Medical Information

Known allergies to foods, drugs, insect stings or bites, etc: _____

Special medical concerns or conditions that event supervisors should know about, including contagious illnesses, epilepsy, asthma, diabetes, previous injuries to bones/joints, etc.: _____

List special dietary needs: _____

Medications currently being taken (name of medication, dose, and frequency): _____

Family Physician: Name _____ Phone # (____) _____

Address _____

II. Insurance Information

The 4-H program purchases insurance for youth participants for many sponsored events. In some cases, this coverage will not pay for some medical expenses and it may be necessary to bill the family or your insurance company.

Health Insurance Company _____

Health Insurance Policy # _____

Company Address _____

Company Telephone Number (____) _____

III.

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact the 4-H office at (252) 633-1477 during business hours of 8 a.m. and 5 p.m. to discuss accommodations at least 7 days prior to the activity.

Signatures Acknowledging Parts I, II, and III

Parent's/Guardian's signature _____ Date: _____

Participant's Signature: _____ Date: _____

Parent/Guardian telephone #: Home _____ Work _____

IV. Informed Consent

In the event that a participant needs minor medical care from 4-H or more significant medical care from a qualified health care provider, including in rare cases possible hospitalization and/or surgery, the parent/guardian is asked to sign the informed consent form below. In case of serious medical condition, 4-H will make every effort to notify the parents, but the first priority may be providing care to the participant.

Authorization to Consent to Health Care for Minor

I, _____, of Craven County, am the custodial parent having legal custody of _____, a minor child, age _____, born _____. I authorize any adult(s) acting as agents (including official volunteers) or employees of the Craven County 4-H program and in whose care the minor child has been entrusted, to do any acts which may be necessary or proper to provide for the health care of the minor child, including, but not limited to, the power (i) to provide for such health care at any hospital or other institution, or the employing of any physician, dentist, nurse, or other person for such health care, and (ii) to consent to and authorize any health care, including administration of anesthesia, X-ray examination, performance of operations, and other procedures by physicians, dentists, and other medical personnel except the withholding or withdrawal of life sustaining procedures.

This consent shall be effective for one year from the date of the execution.

Custodial Parent Signature _____ Date _____

(MUST SIGN IN FRONT OF A NOTARY)

Section below to be completed by a Notary Public

STATE OF NORTH CAROLINA

COUNTY OF CRAVEN

On this _____ day of _____, 2014, personally appeared before me the said named, _____, to me known and known to me to be the person described in and who executed the foregoing instrument and he (or she) acknowledged that he (or she) executed the same and being duly sworn by me, made oath that the statements in the foregoing instrument are true.

My commission expires _____, 20____.

Notary Public

(OFFICIAL SEAL)



4-H Code of Conduct and Disciplinary Procedure North Carolina Cooperative Extension Service Department of 4-H Youth Development



I. Purpose and Application:

- A. The 4-H Code of Conduct is intended to foster a safe environment that is conducive to optimal learning and growth. Toward that end, youth participants are expected to behave in a way that respects the rights and property of others, and that will not disrupt or interfere with 4-H program goals.
- B. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs.

II. Behaviors Prohibited at 4-H program Activities:

- A. Possession, selling, and/or use of alcoholic beverages, tobacco products, and illegal drugs OR being present where individuals are using alcohol, tobacco products and/or any illegal substances
- B. Any kind of sexually-related physical contact
- C. Possession of weapons or firearms (except while participating in a 4-H Shooting Sports Event)
- D. Behavior that violates state or local laws
- E. Damage to property of others
- F. Theft, misuse or abuse of public or personal property
- G. Conduct that jeopardizes the safety of self or others
- H. Conduct that disrupts or interferes with 4-H programming
- I. Leaving a program or facility without permission of parents or 4-H staff (including authorized volunteers)
- J. Inappropriate dress, including but not limited to clothing that is sexually suggestive, indecent, or otherwise disruptive to the operations or goals of 4-H. Examples include clothing with negative or hateful language or symbols; see-through blouses, skirts or pants; sagging pants; exposed undergarments; bare midriff shirts; and excessively short or tight garments. Clothing should meet the standards expected in public schools. Specific clothing requirements may be required where appropriate for a particular event
- K. Unruly behavior in hotels and public areas, particularly during overnight events. There should be no running in the halls, prank calls, unnecessary noise, excessively late hours, or visiting in rooms of the opposite sex

III. Disciplinary Procedures:

- A. Discipline may be imposed by any 4-H staff or Cooperative Extension Service employee who has oversight responsibility for 4-H activities.
- B. Unless immediate action is required, the following procedures must take place before there can be any finding or conclusion of guilt:

- 1) The accused participant shall be told the charge (which of the prohibited behaviors listed above he or she is accused of violating), and
 - 2) The accused participant is told what factual evidence supports the charge, and
 - 3) The accused participant has been given a chance to tell his/her side of the story.
- C. The 4-H staff person must be satisfied that the participant more likely than not engaged in the prohibited behavior before imposing a sanction.
- D. Sanctions may include some or all of the following:
- 1) Verbal warning
 - 2) Notification to parents
 - 3) Immediate removal from the activity
 - 4) Being placed on a behavior contract
 - 5) Referral to local law enforcement and/or juvenile court
 - 6) Program suspension and/or
 - 7) Expulsion from program
 - 8) Other sanctions appropriate to the circumstances, as determined by 4-H.
- E. Appeals
- 1) Disciplinary action for local or county-level events may be appealed to the County Director and or 4-H Agent. All appeals must in writing and must be received by the County Director and or 4-H Agent within 30 days of the disciplinary action. The County Director and or 4-H Agent or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The County Director and or 4-H Agent shall send a written decision to the appellant, the 4-H staff member who made the initial decision, and Head of the Department of 4-H Youth Development. The County Director and or 4-H Agent's appeal decision shall constitute the final agency action unless the Department Head chooses to exercise further review.
 - 2) Disciplinary action for regional or state-level events may be appealed to the Head of the Department of 4-H Youth Development, Cooperative Extension Service, Box 7606, NC State University, Raleigh NC 27695-7606; telephone (919) 515-3242. All appeals must in writing and must be received by the Department within 30 days of the disciplinary action. The Department Head or designee shall review the appeal statement, any written response from the decision maker, and may review other relevant information. The Department Head shall send a written decision to the appellant and the 4-H staff member who made the initial decision, and the Department Head's appeal decision shall constitute the final agency action.
- F. Immediate action situations:
- 4-H or Extension staff may take immediate action to remove a participant from an activity and other action as needed, where there is an emergency situation or significant risk of continuing misconduct. In those cases, the immediate action is temporary discipline and the 4-H or Extension staff must arrange for the procedures in parts B, C, D, and E above as soon as possible but in no event longer than seven days from the temporary discipline.